

# Castlechurch Primary School



## Subject Specific Vocabulary for P.S.H.R.E



Inspiring Excellence Together

**PSHE/RSHE: Progression of**

**Vocabulary/Terminology**

	<b>Explore</b>	<b>Engage</b>	<b>Reflect</b>
<b>KS1 Generic Vocabulary</b>	Engage with Talk about Explore Ask questions Recognise Listen and respond	Listen to Find out about Identify Hear and respond	Ask and respond imaginatively to questions. Talk about
<b>Themes</b>	<b>Living in the Wider World</b>	<b>Health and Wellbeing</b>	<b>Relationships</b>
<b>EYFS</b>	Myself Feelings Being gentle Rights Responsibilities Talents Families Home Friends Standing up for myself Challenges Perseverance Community Jobs Help Environment Care Senses	Exercise Healthy food Physical activity Sleep Clean Bodies Respecting my body Fun Fears Growth Table manners Cutlery Feelings	Family life Friendship Falling out Differences Feelings Debate Respect

<p>Y1</p>	<p>Special Safe Community Consequences Rewards Similarities Differences Bullying Celebrating Success Achievement Learning styles Overcoming obstacles</p>	<p>Medicine Medication Road safety Life cycles (animal/human) Male Female Changes Exercise Healthy food Physical activity Bodies Respecting my body Fun Fears Growth</p>	<p>Belonging Physical contact Preferences Celebrations Bullying Feelings</p>
<p>Y2</p>	<p>Hope Fear Fair Valuing Contributions Choices Assumptions Stereotypes Gender Achievement Bullying Difference Similarities Gender diversity Realistic Strengths Cooperation Contributing</p>	<p>Relaxation Nutrition Lifestyle Life cycles (plants) Young Old Independence Medicine Medication</p>	<p>Boundaries Secrets Trust Appreciation Behaviour Bullying Physical contact Preferences Bullying Feelings</p>
<p>KS2 Generic Vocabulary</p>	<p><b>Explore</b> Make links Ask questions Talk about Raise questions Show Talk to</p>	<p><b>Engage</b> Find out about Identify Investigate Make Links Compare and contrast Explore Make suggestions Research</p>	<p><b>Reflect</b> Consider Enter imaginatively Make links Reflect imaginatively Explain Show</p>

		Show	
Themes	Living in the Wider World	Health and Wellbeing	Relationships
Y3	<ul style="list-style-type: none"> <li>Goals</li> <li>self-worth</li> <li>Positivity</li> <li>Challenges</li> <li>Perspectives</li> <li>Diverse families</li> <li>Family conflict</li> <li>Child-centred</li> <li>Compliments</li> <li>Witness</li> <li>Solutions</li> <li>Ambitions</li> <li>Enthusiasm</li> <li>Budgeting</li> </ul>	<ul style="list-style-type: none"> <li>Food labelling</li> <li>Healthy choices</li> <li>Online safety</li> <li>Offline safety</li> <li>Internal</li> <li>External</li> <li>Needs</li> </ul>	<ul style="list-style-type: none"> <li>Roles</li> <li>Negotiation</li> <li>Diverse lives</li> <li>Impact</li> <li>Managing feelings</li> </ul>
Y4	<ul style="list-style-type: none"> <li>Democracy</li> <li>Motivation</li> <li>Class Citizen</li> <li>Voice</li> <li>Peer pressure</li> <li>Judgment</li> <li>Appearance</li> <li>Acceptance</li> <li>Influences</li> <li>Impressions</li> <li>Disappointment</li> <li>Overcoming</li> <li>Resilience</li> <li>Positive attitude</li> </ul>	<ul style="list-style-type: none"> <li>Healthy friendships</li> <li>Smoking</li> <li>Alcohol</li> <li>Inner strength</li> <li>Assertiveness</li> <li>Being unique</li> <li>Body changes</li> <li>Transition</li> <li>Accepting change</li> </ul>	<ul style="list-style-type: none"> <li>Jealousy</li> <li>Love/loss</li> <li>Memories</li> <li>Girlfriends</li> <li>Boyfriends</li> <li>Negotiation/ compromise</li> <li>Bullying</li> <li>Stereotypes</li> </ul>
Y5	<ul style="list-style-type: none"> <li>Aspirations</li> <li>National citizenship</li> <li>Conflict</li> <li>Vote</li> <li>Participation</li> <li>Cultural diversity</li> <li>Racism</li> <li>Rumours</li> <li>Material wealth</li> <li>Respecting culture</li> </ul>	<ul style="list-style-type: none"> <li>Vaping</li> <li>Emergency aid</li> <li>Body image</li> <li>Relationships with food</li> <li>Healthy choices</li> <li>Self-image</li> <li>Media influence</li> <li>Puberty</li> </ul>	<ul style="list-style-type: none"> <li>Self-recognition</li> <li>Self-esteem</li> <li>Online communities</li> <li>Gaming</li> <li>Gambling</li> <li>Dares</li> <li>Discrimination</li> </ul>

	Financial success Long-term Charity		
<b>Y6</b>	Global citizenship Children's Universal Rights Group dynamics Role-modelling Anti-social behaviour Perceptions of normality Disability Empathy Inclusion Exclusion Success criteria	Personal responsibility Substances Exploitation County Lines/Gangs Managing stress Body image Physical attraction Consent	Mental health Sources of support Control Power Recognition Evaluating