



Nursery PSHRE Overview

Health and Wellbeing	Relationships	Living in the Wider World
HW1 - Can tell adults when hungry or tired or when they want to rest or play.	R1 -Is more outgoing towards unfamiliar people and more confident in new social situations.	LWW1 -Shows interest in the lives of people who are familiar to them.
HW2 -Observes the effects of activity on their bodies.	R2 -Confident to talk to other children when playing, and will communicate freely about own home and community.	LWW2 -Remembers and talks about significant events in their own experience
HW3 -Gains more bowel and bladder control and can attend to toileting needs most of the time themselves.	R3 - Shows confidence in asking adults for help.	LWW3 -Recognises and describes special times or events for family or friends
HW4 -Can usually manage washing and drying hands.	R4 -Aware of own feelings, and knows that some actions and words can hurt others' feelings.	LWW4 -Shows interest in different occupations and ways of life.
HW5 -Dresses with help, e.g. puts arms into open-fronted coat or shirt when held up, pulls up own trousers, and pulls up zipper once it is fastened at the bottom.	R5 -Begins to accept the needs of others and can take turns and share resources, sometimes with support from others.	LWW5 -Knows some of the things that make them unique, and can talk about some of the similarities and differences in relation to friends or family.
	R6 -Values and welcomes praise for what they have done.	LWW6 -Comments and asks questions about aspects of their familiar world such as the place where they live or the natural world.
	R7 -Can play in a group, extending and elaborating play ideas, e.g. building up a role-play activity with other children.	LWW7 -Can talk about some of the things they have observed such as plants, animals, natural and found objects.
	R8 -Remembers and talks about significant events in their own experience	LWW8 -Talks about why things happen and how things work.
	R9 -Recognises and describes special times or events for family or friends	LWW9 -Developing an understanding of growth, decay and changes over time.
	R10 -Shows interest in the lives of people who are familiar to them	LWW10 -Shows care and concern for living things and the environment.
		LWW11 -Shows an interest in technological toys with knobs or pulleys, or real objects such as cameras or mobile phones.
		LWW12 -Knows that information can be retrieved from computers
		LWW13 -Welcomes and values praise for what they have done.
		LWW14 -Shows interest in different occupations and ways of life