



Reception PSHRE Coverage

Health and Wellbeing Autumn	Relationships Spring	Living in the Wider World Summer
HW1 -Eats a healthy range of foodstuffs and understands need for variety in food.	R1 -Can describe self in positive terms and talk about abilities.	LWW1 -Enjoys joining in with family customs and routines.
HW2 -Usually dry and clean during the day.	R2 -Understands that own actions affect other people, for example, becomes upset or tries to comfort another child when they realise they have upset them.	LWW2 -Children talk about past and present events in their own lives and in the lives of family members.
HW3 -Shows some understanding that good practices with regard to exercise, eating, sleeping and hygiene can contribute to good health.	R3 -Aware of the boundaries set, and of behavioural expectations in the setting	LWW3 -They know that other children don't always enjoy the same things, and are sensitive to this. They know about similarities and differences between themselves and others, and among families, communities and traditions.
HW4 -Children know the importance for good health of physical exercise, and a healthy diet, and talk about ways to keep healthy and safe.	R4 -Beginning to be able to negotiate and solve problems without aggression, e.g. when someone has taken their toy.	LWW4 -Looks closely at similarities, differences, patterns and change.
HW5 -They manage their own basic hygiene and personal needs successfully, including dressing and going to the toilet independently.	R5 -Children are confident to try new activities, and say why they like some activities more than others.	LWW5 -Children know about similarities and differences in relation to places, objects, materials and living things.
HW6 -Uses talk to organise, sequence and clarify thinking, ideas feelings and events	R6 -They are confident to speak in a familiar group, will talk about their ideas, and will choose the resources they need for their chosen activities. They say when they do or don't need help.	LWW6 -They talk about the features of their own immediate environment and how environments might vary from one another.
HW7 - Can describe self in positive terms and talk about abilities	R7 -Uses talk to organise, sequence and clarify thinking, ideas feelings and events	LWW7 -They make observations of animals and plants and explain why some things occur, and talk about changes.
HW8 -Shows understanding of the need for safety when tackling new challenges, and considers and manages some risks	R8 - Takes steps to resolve conflicts with other children, e.g. finding a compromise.	LWW8 -Uses talk to organise, sequence and clarify thinking, ideas feelings and events
Hw9 -Practices some appropriate safety measures without direct supervision	R9 -They take account of one another's ideas about how to organise their activity. They show sensitivity to others' needs and feelings, and form positive relationships with adults and other children.	LWW9 - Aware of the boundaries set, and of behavioural expectations in the setting. LWW10 -Uses ICT hardware to interact with age-appropriate computer software. LW LWW12 -Can describe self in positive terms and talk about abilities W11 -Beginning to use everyday language related to money.

