

### Every PE lesson should include.

- **Prior Learning-** (at the beginning of each unit) Retrieve children's knowledge of previous learning through the core task- sort children into differentiated groups.
- **Warm up (revisit components from previous lessons)-** which leads into the new component. Revisit previous vocabulary to develop automaticity.
- **Share the LO(component)-** What will the children be learning today? Why is this important? How are the children going to achieve the LO.
- **WAGOLL, model and teach new component-** show a video clip of the skill you are teaching today- passing, interception. Then model and teach the new component for example chest pass, core shapes, cannon etc.
- **Practise and repeat new component to ensure fluency** - Children have the opportunity to try out and practise the skill- individually, pairs. Differentiation- STEP method
- **Apply new component with previously taught components in the composite** - children will demonstrate this component and previous taught components in the composite eg. game, sequence in both Gym and Dance, performance.
- **Evaluate and reflect on the new component** - evaluate their own and others' performances.

### Afl and Questioning throughout the lesson.

Throughout the lesson- 80% active, evaluate their own and other people's performances, PE vocabulary to be used throughout the lesson.