

Castlechurch Community Hub-A community building located at Castlechurch Primary School. Bringing the community together. We are here for you! Mrs Cranwell

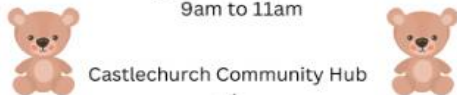


QUIET STAY & PLAY

FOR NEWBORN BABIES TO TODDLERS TO PRE SCHOOL CHILDREN

Everyone is welcome to come parents, guardians, grandparents and childminders

on a Monday morning (in term time) from 9am to 11am



Castlechurch Community Hub at Castlechurch Primary School

BRING YOUR LITTLE ONES TO PLAY AND WHILE THEY DO HAVE A CUPPA AND RELAX



AUTISM SUPPORT GROUP

For parents of children with ASD, come and chat with people that understand the difficulties and also adults with ASD, come and chat with others . **EVERYONE IS WELCOME come and have a free cuppa or 2**

on Monday afternoons from 1pm to 3pm at Castlechurch Community Hub Castlechurch Primary School



MEN'S WELLBEING CLUB on Tuesday afternoon in term time from 1.30pm to 3pm at Castlechurch Community Hub

It's good to talk, so why not come along and have a chat with others and have a cuppa too, every man is welcome and its free too



Toddler group run by Iar

Tuesday 9.30am Pop along-stay and pl

£1 contribution towards drinks/snack





PANDAS Stafford

Support for every parent, carer and their network who is struggling with their perinatal mental health

Join us every Wednesday between 9.30am and 11am Castlechurch Community Hub Tennyson Road ST17 9SY



We can help if you have PND

Contact: **Adryann Dixey**
staffordcommunityhub@nhs.uk
 05087961776

Our helpline is FREE and available every day between 11am and 10pm



Facebook-[staffordbuggymeets](https://www.facebook.com/staffordbuggymeets)

Introducing Stafford Buggy Meet's playgroup

Friday's 9.30 - 11.00 Term-time only

Donation £1

Castlechurch Primary School
Tennyson road
Stafford
ST17 9SY

Women's "well-being" drop in session

Come along-It's good to talk. We can help and offer a friendly ear to off load to.



Thursday 1.30-3pm No apt just pop in!



KNIT & NATTER DROP IN

at Castlechurch Community hub

From 1.30pm to 3.30pm every Monday (term time only)

Come for a cuppa and bring your knitting, crochet or embroidery with you

