

Design and Technology KS1 Cycle A				
Cooking and nutrition	Structures:	Mechanisms/Mechanical	Textiles:	
A balanced diet	Baby Bears Chair	systems:	Pouches	
		Fairground wheel/Making a		
		moving monster		
Cooking and nutrition	Structures	Mechanisms/Mechanical	Textiles	
Composite piece	Composite piece	systems	Composite piece	
To design and make a healthy	To design a finished structure	Composite pieces		
wrap.	(chair) and evaluate its strength,	To build and test a moving wheel	To design and make a pouch	
	stiffness and stability.	To design and make a moving	using fabric glue and stitching.	
		storybook.		

#### **Subject Specific Vocabulary**

## **Cooking and nutrition: A balanced diet**

Alternative, Diet, Balanced diet, Evaluation, Expensive, Healthy, Ingredients, Nutrients, Packaging, Refrigerator, Sugar, Substitute

# **Structures: Baby Bears Chair**

Function, Man-made, Mould, Natural, Stable, Stiff, Strong, Structure, Test, Weak

## Mechanisms/Mechanical systems: Fairground wheel

Axle, Decorate, Evaluation, Ferris Wheel, Mechanism, Stable, Strong, Test, Waterproof, Weak

# Mechanisms/Mechanical systems: Making a moving monster

Evaluation, Input, Lever, Linear motion, Linkage, Mechanical, Mechanism, Motion, Oscillating motion, Output, Pivot, Reciprocating motion,

Rotary motion, Survey

### **Textiles: Pouches**

Accurate, Fabric, Knot, Pouch, Running-stitch, Sew, Shape, Stencil, Template, Thimble



KS1 Cycle A  Skills				
Design	Make	Evaluate		
Cooking and nutrition	Cooking and nutrition	Cooking and nutrition		
I can design a healthy wrap based on a food	I can slice food safely, using the bridge or claw grip.	I can describe the taste, smell and texture of fruit and		
combination which works well together.	I can construct a wrap that meets a design brief.	vegetables.		
<u>Structures</u>	<u>Structures</u>	I can taste test food combinations and final products.		
I can generate ideas.	I can make a structure according to a design criteria.	I can describe the information that should be included		
I can communicate ideas using sketching and	I can create joints and structures from paper/card and	on a label.		
modelling.	tape.	I can evaluate which grip was most effective.		
I can learn about different types of structures, found	I can build a strong and stiff structure by folding	<u>Structures</u>		
in the natural world and in everyday objects.	paper.	I can explore the features of structures.		
Mechanisms/Mechanical systems: Fairground wheel	Mechanisms/Mechanical systems: Fairground wheel	I can compare the stability of different shapes.		
I can select a suitable linkage system to produce the	I can select materials according to their	I can test the strength of my own structures.		
desired motion.	characteristics.	I can identify the weakest part of a structure.		
I can design a wheel.	I can follow a design brief.	I can evaluate the strength, stiffness, stability of my		
Mechanisms/Mechanical systems: Moving monster.	Mechanisms/Mechanical systems: Moving monster	own structure.		
I can create a class design criteria for a moving	I can make linkages using card for levers and split pins	Mechanisms/Mechanical systems: Fairground wheel		
monster.	for pivots.	I can evaluate different designs.		
I can design a moving monster for a specific audience	I can experiment with linkages adjusting the widths,	I can test and adapt a design.		
in accordance with the design criteria.	lengths and thicknesses of card used.	Mechanisms/Mechanical systems: Moving monster		
<u>Textiles</u>	I can cut and assemble components neatly.	I can evaluate own designs against a design criteria.		
I can design a pouch.	<u>Textiles</u>	I can use peer feedback to modify a final design.		
	I can select and cut fabrics for sewing.	<u>Textiles</u>		
	I can decorate a pouch using fabric glue or running	I can troubleshoot scenarios posed by the teacher.		
	stitch.	I can evaluate the quality of stitching on others' work.		
	I can thread a needle	I can discuss as a class the success of stiching against		
	I can sew a running stich, with evenly spaced, stitches	the success criteria.		
	to join fabric.	I can identify aspects of my peers work that they		
	I can neatly pin and cut fabric using a template.	particularly like and explain why.		



Knowledge (I will know)			
Technical	Additional		
Cooking and nutrition  I know that 'diet' means the food and drink that a person or animal usually eats. I understand what makes a balanced diet. I know where to find the nutritional information on packaging. I know that the five main food groups are: Carbohydrates, fruits and vegetables, protein, dairy and foods high in fat and sugar. I understand that I should eat a range of different foods from each food group, and roughly how much of each food group. I know that nutrients are substances in food that all living things need to make energy, grow and develop. I know that 'ingredients' means the items in a mixture or recipe. I know that I should only have a maximum of five teaspoons of sugar a day to stay healthy. I know that many food and drinks we do not expect to contain sugar do; we call these 'hidden sugars'.  Structures  To know that shapes and structures with wide, flat bases or legs are the most stable. To understand the shape of a structure affects its strength. To know that a structure is something which has been formed or made from parts. To know that a 'stable' structure' is one which does not break easily. To know that a 'strong' structure is one which does not break easily. To know that a 'strong' structure or material is one which does not bend easily.  Mechanisms/Mechanical systems: Fairground wheel To know that different materials have different properties and are therefore suitable for different uses.  Mechanisms/Mechanical systems: Moving monster To know that mechanisms are a collection of moving parts that work together s a machine to produce movement.	Structures To know that natural structures are those found in nature. To know that man-made structures are those made by people.  Mechanisms/Mechanical systems: Fairground wheel To know the features of a 'ferris wheel' include the wheel, frame, pods, a base and an axle and an axle holder. To know that it is important to test my design as I go along so that I can solve any problems that may occur.  Mechanisms/Mechanical systems: Moving monster To know some real life objects that contain mechanisms.		



To know that an input is the energy that is used to start something working.

To know that an output is the movement that happens as a result of the input.

To know that a lever is something that turns on a pivot.

To know that a linkage mechanism is made up of a series of levers.

#### **Textiles**

To know that sewing is a method of joining fabric.

To know that different stitches can be used when sewing.

To understand the importance of tying a knot after sewing the final stitch.

To know that a thimble can be used to protect my fingers when sewing.