

In a world
where you can
be anything,
be kind.



Child Friendly Anti Bullying Policy

Reviewed by School Council & Friendship Champions. February 2024

What is bullying?

In our school a bully is someone who hurts someone more than once, deliberately using behaviour which is meant to hurt, frighten or upset another person.

Bullying can be:

- **Emotional:** Hurting people's feelings, leaving you out on purpose, making you feel sad inside.
- **Physical:** Punching, kicking, spitting, pushing, stealing from someone.
- **Verbal:** Being teased, name calling, being rude.
- **Racist:** Calling you names because of the colour of your skin or because of the country you come from.
- **Homophobic:** Judging someone because of who they want to be with.
- **Religious:** Judging someone because of who they worship.

Children have arguments and fall outs. That is a normal part of growing up. We can disagree with people and we can choose who we are friends with.

So, when is it bullying? We use the STOP definition.

How we STOP bullying at Castlechurch

We need to stop bullying. If an incident happens we need to tell someone how we are feeling. They will deal with it.

Who can I tell?

- A teacher or any member of staff at school including lunch time staff who will support and remove them from the situation
- A trusted adult at home or a family member
- A friend
- A school council member or Friendship Champion

We need to stop bullying. If an incident happens at school please tell someone and together we will **STOP** it quickly!

What should I do if I see someone else being bullied?

- Tell someone immediately
- Don't ignore it or pretend you haven't seen it happen
- If safe to do so tell the bully to **STOP**

This policy aims to keep you safe, happy and make everyone feel equal.

Castlechurch aims to be a school where everyone feels safe and happy. This means no bullying is allowed and if bullying happens we will **STOP** it. We work together and we look after each other. We are a Castlechurch Family.

